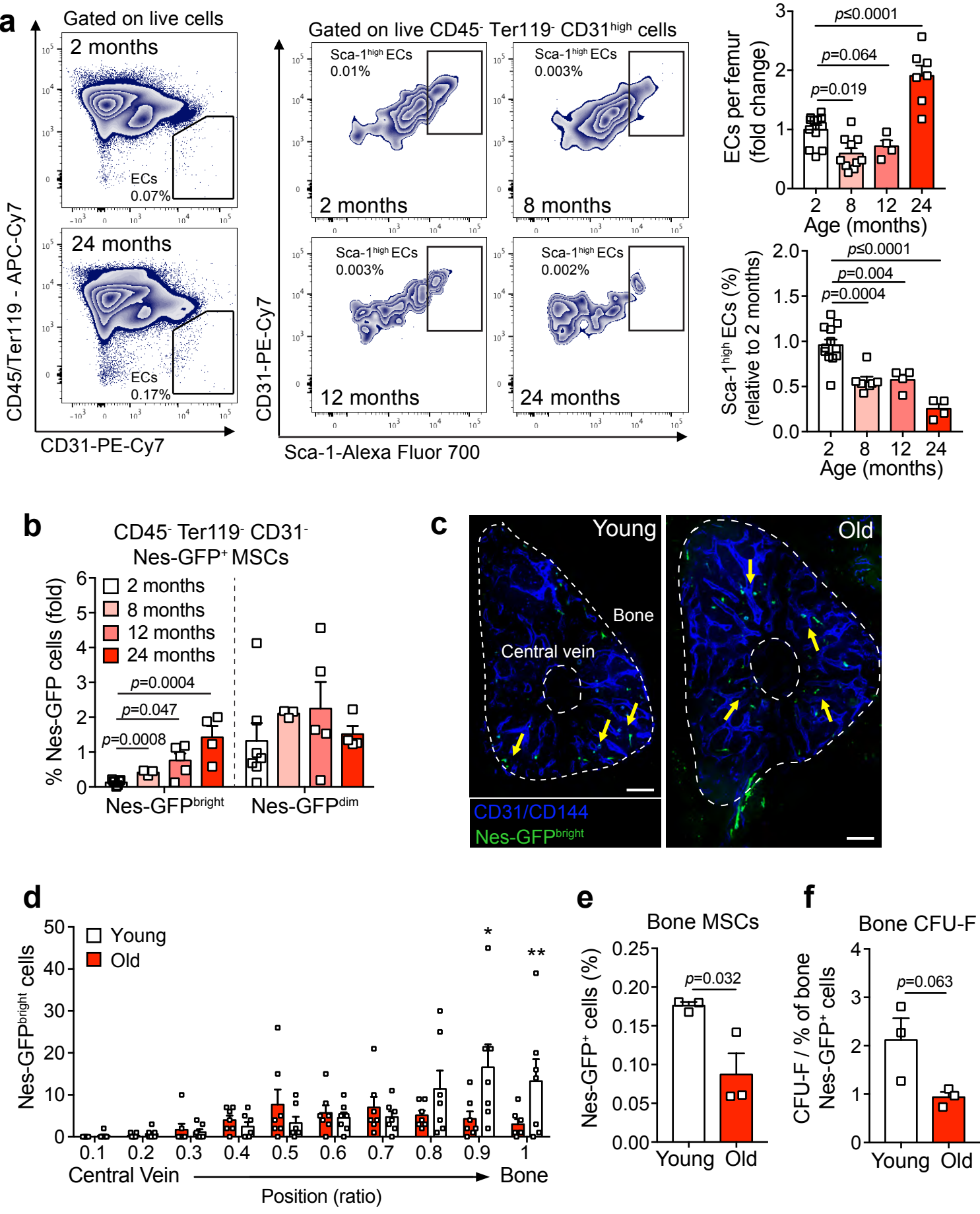


Supplementary Figure 1

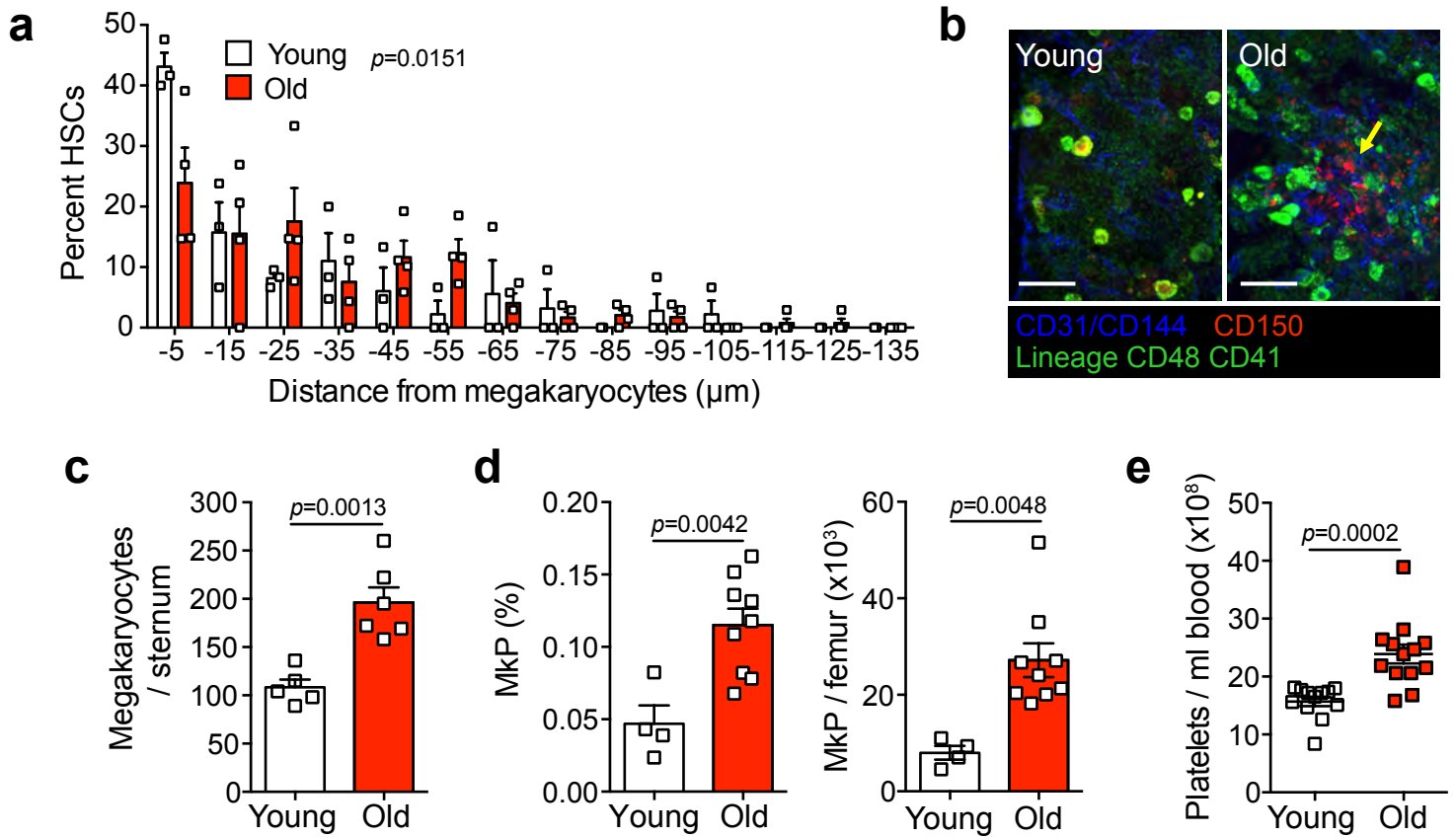


**Supplementary Figure 1. Aging expands ECs and MSCs in the bone marrow.**

**(a)** Left and middle, gating strategy for flow cytometric analysis of EC populations. Right, absolute number of total ECs (CD31<sup>high</sup> Sca-1<sup>+</sup>) at 2 (n=12), 8 (n=10), 12 (n=4) and 24 (n=7) months of age and arteriolar ECs (CD31<sup>+</sup> Sca-1<sup>high</sup>) at 2 (n=12), 8 (n=7), 12 (n=4) and 24 (n=4) months of age. **(b)** Frequency of CD45<sup>-</sup> Ter119<sup>-</sup> CD31<sup>-</sup> Nestin-GFP<sup>bright</sup> and Nestin-GFP<sup>dim</sup> cells in *Nestin-GFP* mice at 2 (n=7), 8 (n=3), 12 (n=5) and 24 (n=4) months of age. **(c)** Confocal z stack montage projections of tibiae cross section from young and old *Nestin-GFP* mice stained for CD31<sup>+</sup>/CD144<sup>+</sup> double positive vasculature, arrowhead marks Nestin-GFP ensheathed arterioles. The scale bar, 100  $\mu$ m. Three independent experiments yielded similar results. **(d)** Distribution for Nestin-GFP<sup>+</sup> MSCs relative to central vein and bone (n=7 mice per group). \* $p=0.0043$  (t=3.62, df=120), \*\* $p=0.0299$  (t=0.31, df=120) determined by two-way Anova Bonferroni's multiple comparisons test. **(e)** Frequency of compact bone (crushed bone) CD45<sup>-</sup> Ter119<sup>-</sup> CD31<sup>-</sup> Nestin-GFP<sup>+</sup> MSCs (n=3 mice per group). **(f)** CFU-F frequency of CD45<sup>-</sup> Ter119<sup>-</sup> CD31<sup>-</sup> Nestin-GFP<sup>+</sup> MSCs sorted from crushed bones and plated at equal numbers and clonal densities under CFU-F culture conditions (n=3 mice per group). Data represented as mean  $\pm$  sem,  $p$  values determined by two-tailed  $t$ -test, unless indicated otherwise.



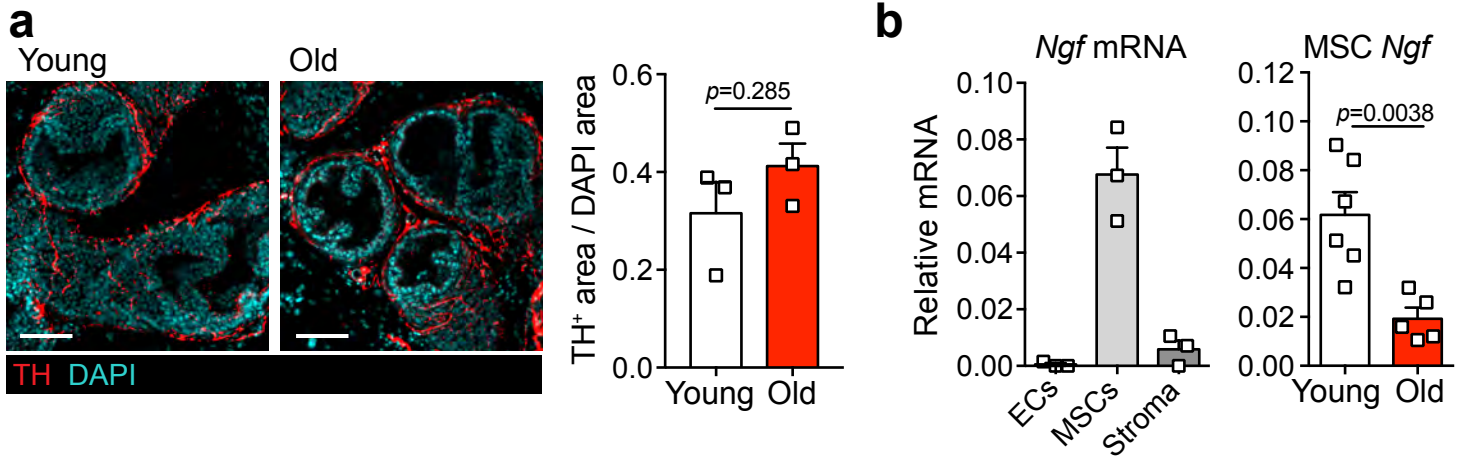
## Supplementary Figure 2



### Supplementary Figure 2. Aging disrupts the megakaryocytic niche.

**(a)** Distribution of HSCs in the sternal bone marrow relative to megakaryocytes ( $n = 47$  young HSCs; 148 old HSCs 4; mice per group). Two-sample Kolmogorov-Smirnov test,  $p=0.0151$ . **(b)** Representative whole-mount confocal z-stack projections of sternal bone marrow from young and old C57BL/6 mice stained for CD31<sup>+</sup>/CD144<sup>+</sup> double positive vasculature, lineage (CD3e, B220, Gr-1, Ter119, Mac-1), CD48, CD41 and CD150, Scale bar, 100 μm. Arrow denotes CD150<sup>+</sup> cell cluster. Three independent experiments yielded similar results. **(c, d, e)** Quantification of sternal megakaryocyte number ( $n=5$  young, 6 old) **(c)**, absolute numbers of femur lineage<sup>-</sup> (B220, CD3e, Mac-1, Gr-1) Sca-1<sup>+</sup> cKit<sup>+</sup> CD150<sup>+</sup> CD41<sup>+</sup> megakaryocyte progenitors (MkP) ( $n=4$  young,  $n=8$  old) **(d)** and peripheral blood platelet counts ( $n=12$  young, 13 old) **(e)** in young and old C57BL/6 mice. Data represented as mean  $\pm$  sem,  $p$  value determined by two-tailed  $t$ -test, unless indicated otherwise.

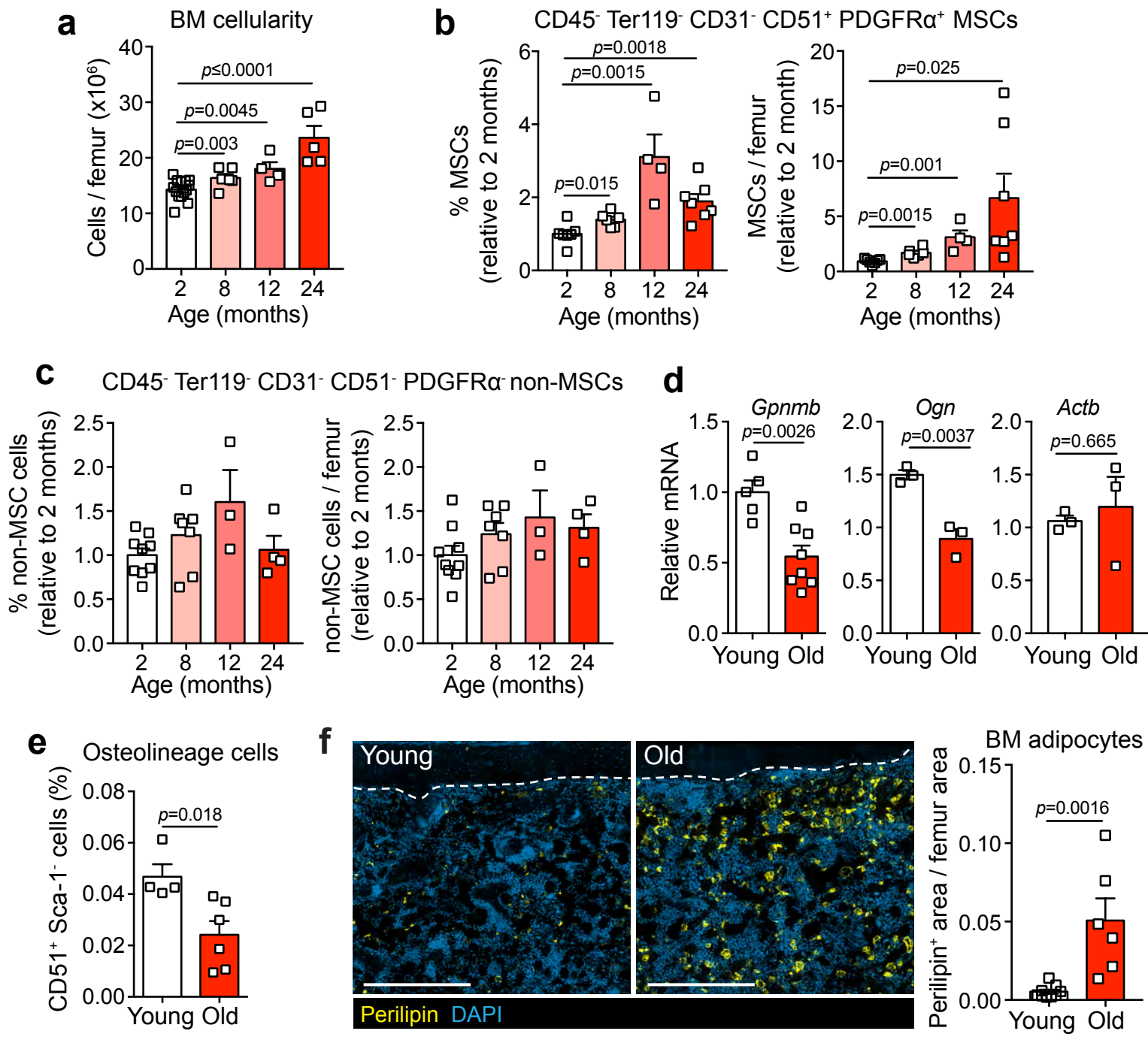
## Supplementary Figure 3



**Supplementary Figure 3. Age associated SNS neuropathy is specific to the bone marrow.**

**(a)** Left, confocal Z-stack montage projections of prostates from young and old C57BL/6 male mice stained for TH and DAPI. Scale bar, 100  $\mu$ m. Right, quantification of TH covered prostate area relative to DAPI area (n=3 mice per group). **(b)** Left, quantification of *Ngf* mRNA levels in CD45<sup>-</sup> Ter119<sup>-</sup> CD31<sup>bright</sup> Sca-1<sup>+</sup> ECs, CD45<sup>-</sup> Ter119<sup>-</sup> CD31<sup>-</sup> CD51<sup>+</sup> PDGFR $\alpha$ <sup>+</sup> MSCs and CD45<sup>-</sup> Ter119<sup>-</sup> CD31<sup>-</sup> CD51<sup>-</sup> PDGFR $\alpha$ <sup>-</sup> non-MSC stromal cells sorted from young mice (n=3 mice per group). Right, comparison of MSC *Ngf* mRNA levels sorted from young and old mice (n=6 young, 5 old). Data represented as mean  $\pm$  sem, *p* value, determined by two-tailed *t*-test.

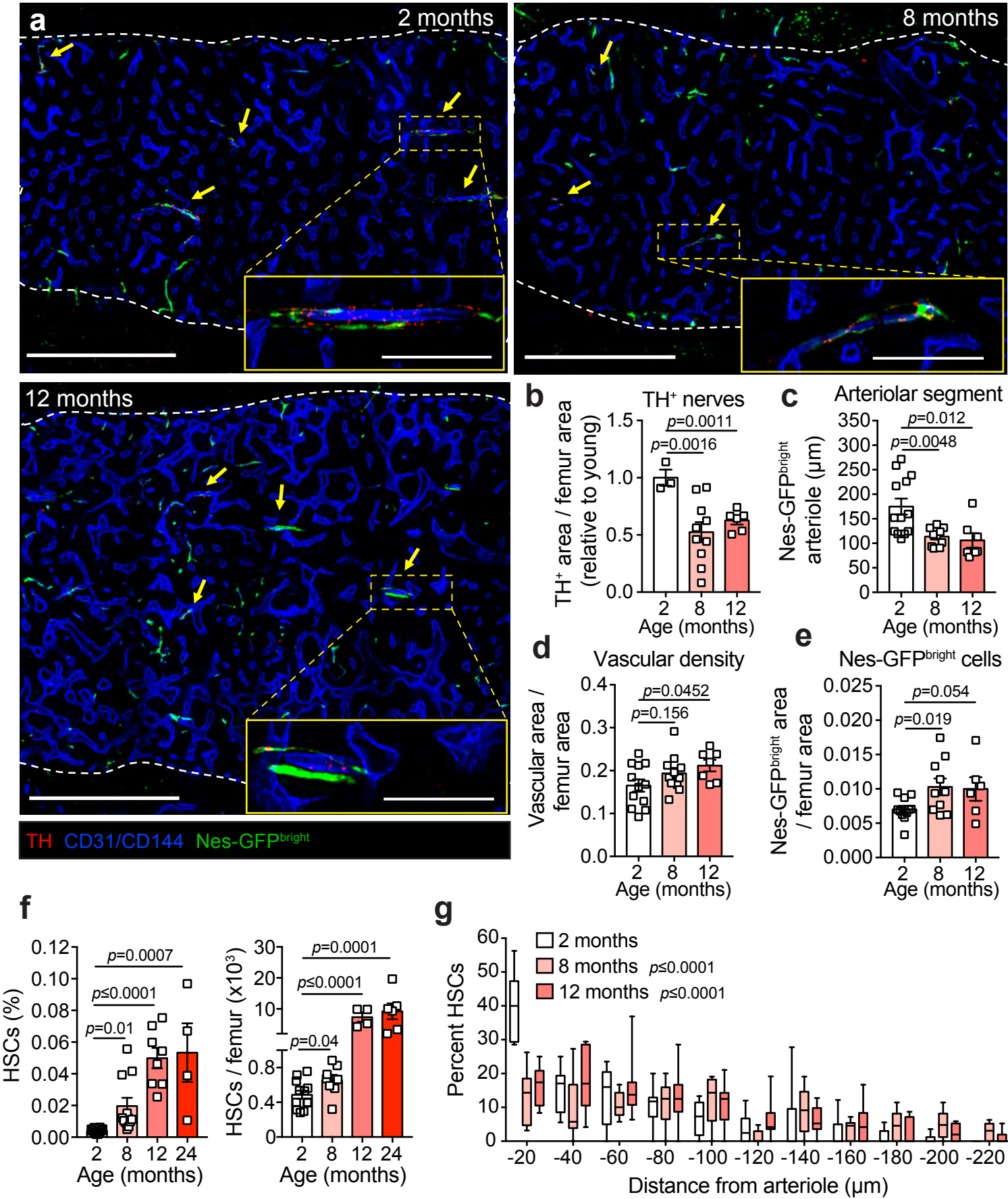
Supplementary Figure 4



**Supplementary Figure 4. Additional analyses of mesenchymal cells in aged HSC niche.**

**(a)** Bone marrow cellularity at 2 (n=14), 8 (n=6), 12 (n=4) and 24 (n=5) months of age. **(b)** Absolute numbers and frequency of MSCs (CD45<sup>-</sup> Ter119<sup>-</sup> CD31<sup>-</sup> CD51<sup>+</sup> PDGFR $\alpha$ <sup>+</sup>) at 2 (n=7), 8 (n=6), 12 (n=4) and 24 (n=7) months of age. **(c)** Absolute numbers and frequency of non-MSC stromal cells (CD45<sup>-</sup> Ter119<sup>-</sup> CD31<sup>-</sup> CD51<sup>-</sup> PDGFR $\alpha$ <sup>-</sup>) at 2 (n=9), 8 (n=7), 12 (n=3) and 24 (n=4) months of age. **(d)** Quantification of mRNA levels of osteolineage genes *Gpnmb*, *Ogn* and *Actb* relative to *Gapdh* in sorted MSCs (CD45<sup>-</sup> Ter119<sup>-</sup> CD31<sup>-</sup> CD51<sup>+</sup> PDGFR $\alpha$ <sup>+</sup>) (*Gpnmb*: n=5 young, 8 old mice, *Ogn* and *Actb*: 3 mice per group). **(e)** Frequency of osteolineage cells (CD45<sup>-</sup> Ter119<sup>-</sup> CD31<sup>-</sup> CD51<sup>+</sup> Sca-1<sup>-</sup>) derived from compact bone (n=4 young, 6 old mice). **(f)** Left, confocal z-stack projection montages of femurs stained for CD31<sup>+</sup>/CD144<sup>+</sup> double positive vasculature, Perilipin and DAPI. Scale bar, 500  $\mu$ m. Right, assessment of perilipin<sup>+</sup> cells by quantification of perilipin<sup>+</sup> area divided by total femur area (n=9 young, 6 old projections; 3 mice per group). Data represented as mean  $\pm$  sem, *p* value determined by two-tailed *t*-test.

Supplementary Figure 5

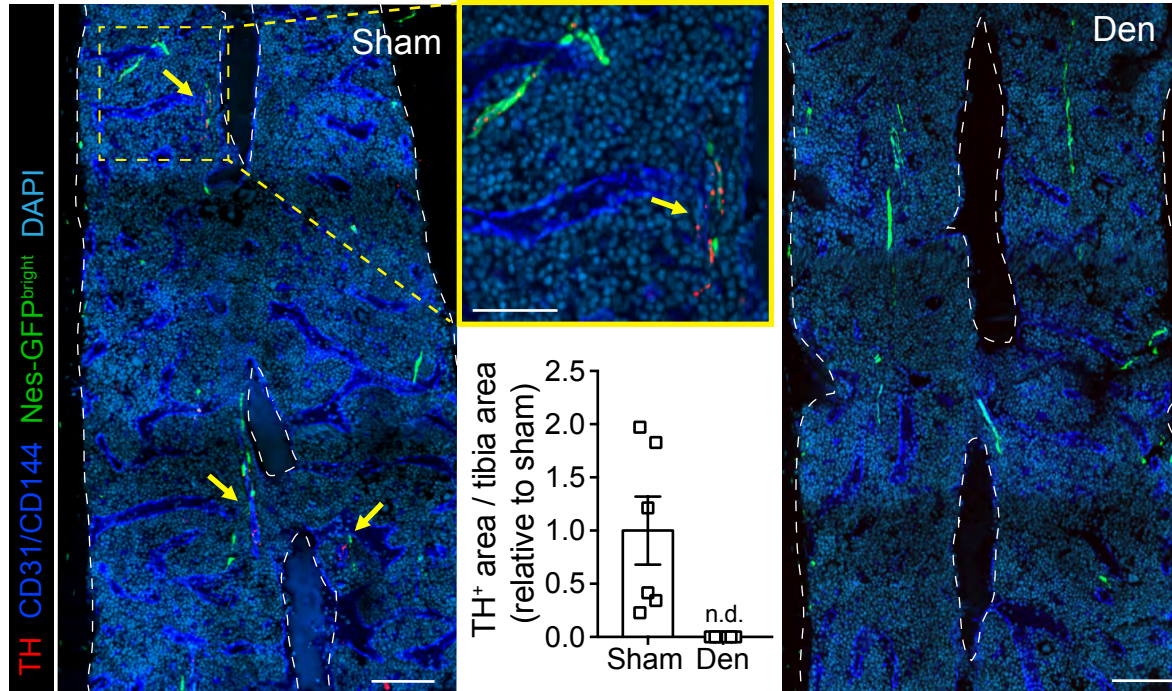


**Supplementary Figure 5. Characterization of niche remodeling at different ages.**

**(a, b, c, d, e)** Representative confocal z-stack projection montages from the bone marrow of 2, 8 and 12 month old *Nestin-GFP* mice stained for CD31<sup>+</sup>/CD144<sup>+</sup> double positive vasculature and TH<sup>+</sup> nerves. Scale bar, 500  $\mu$ m for femur montage and 100  $\mu$ m for zoomed projections. Three independent experiments yielded similar results **(a)**, quantification of femur innervation, TH<sup>+</sup> area relative to femur area (n=3, 2 months, 11, 8 months and 5, 12 months projections; 3 mice per group) **(b)**, quantification of Nestin-GFP<sup>bright</sup> arteriolar segment length (n=13, 2 months, 10, 8 months and 7, 12 months projections; 3 mice per group) **(c)**, vascular density, CD31<sup>+</sup>/CD144<sup>+</sup> area relative to femur area (n=12, 2 months, 11, 8 months and 7, 12 months projections; 3 mice per group) **(d)** and quantification of Nestin-GFP<sup>bright</sup> cells, Nestin-GFP<sup>bright</sup> area relative to femur area (n=11, 2 months, 10, 8 months and 6, 12 months projections; 3 mice per group) **(e)** in femurs of 2, 8 and 12 month old *Nestin-GFP* mice. **(f)** Frequency and absolute numbers of HSCs (Lin<sup>-</sup> CD48<sup>-</sup> Sca-1<sup>+</sup> c-Kit<sup>+</sup> CD150<sup>+</sup>) in femurs of 2 (n=10), 8 (n=11), 12 (n=8), and 24 (n=4) month old C57BL/6 mice for frequency and 2 (n=12), 8 (n=8), 12 (n=4), and 24 (n=6) month old C57BL/6 mice for absolute numbers. **(g)** HSC distribution relative to Nestin-GFP<sup>bright</sup> arterioles in 2, 8 and 12 month old *Nestin-GFP* mice. (n =181 HSCs at 2 months, 251 HSCs at 8 months, 321 HSCs at 12 months; 3 mice per age group). Two-sample Kolmogorov-Smirnov test  $p \leq 0.0001$  for 8 month,  $p \leq 0.0001$  for 12 month (each age group compared to 2 months old). Data represented as mean  $\pm$  sem,  $p$  values determined by two-tailed  $t$ -test, unless indicated otherwise. For box plots, the box spans from the 25th to 75th percentiles and the centerline is plotted at the median. Whiskers represent minimum to maximum range.



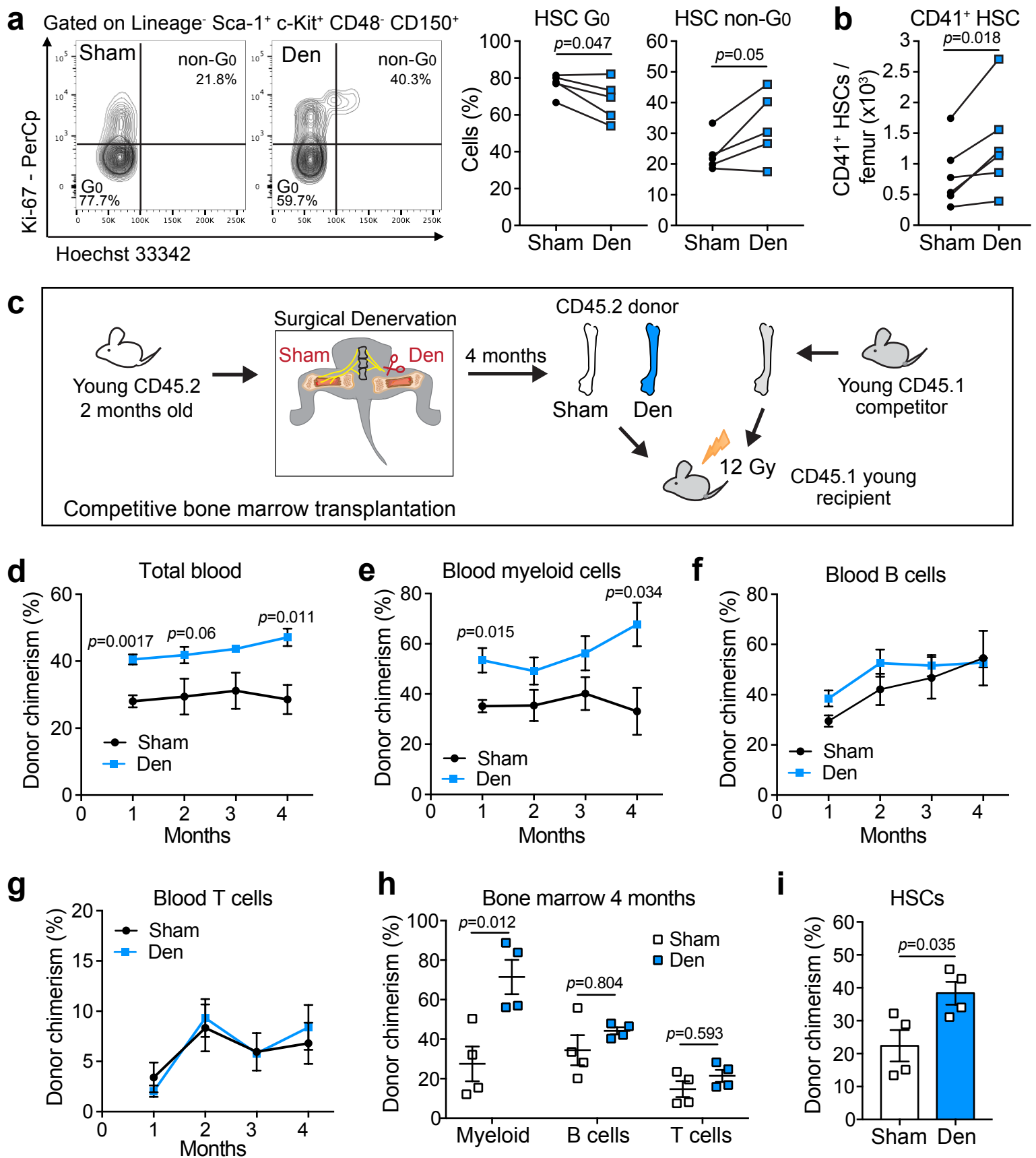
## Supplementary Figure 6



### Supplementary Figure 6. Femoral and sciatic nerves denervation ablates SNS innervation of the bone marrow.

Representative confocal z-stack projection montages of sham and denervated tibias from *Nestin-GFP* mice following denervation of sciatic and femoral nerves, stained for TH<sup>+</sup> nerves, CD31<sup>+</sup>/CD144<sup>+</sup> double positive vasculature and DAPI, Scale bar, 500  $\mu$ m for montage and 100  $\mu$ m for zoomed projection. Bottom center, sympathetic innervation quantified by TH<sup>+</sup> area divided by total tibia area (n=6 projections from 4 mice per group). n.d. (not detected).

# Supplementary Figure 7

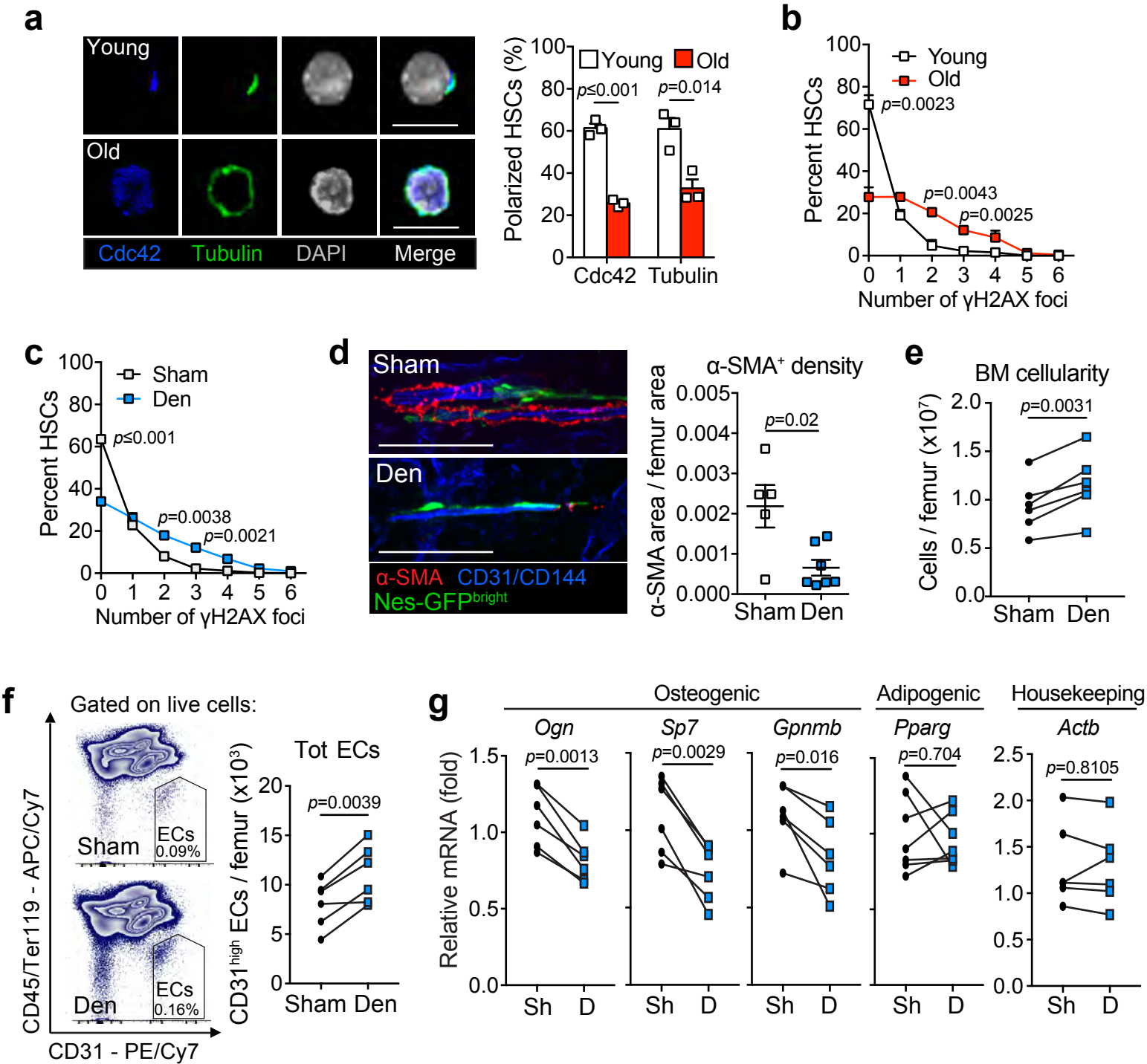




**Supplementary Figure 7. Bone marrow denervation induces HSC aging phenotypes.**

**(a)** Left, representative FACS plots showing gating strategy for HSC Ki-67 and Hoechst 33342 staining. Right, quantification of HSC in G0 (Ki-67<sup>-</sup>) and non-G0 (Ki-67<sup>+</sup>) derived from sham and denervated femurs (n = 5 mice). **(b)** Absolute numbers of myeloid-biased CD41<sup>+</sup> HSCs (lineage<sup>-</sup> Sca-1<sup>+</sup> c-Kit<sup>+</sup> CD48<sup>-</sup> CD150<sup>+</sup> CD41<sup>+</sup>) in sham and denervated femurs (n=5 mice). **(c)** Schematic illustration of bone marrow transplantation experiment following surgical denervation. **(d, e, f, g, h, i)** Total blood chimerism (CD45.2<sup>+</sup>) **(d)**, blood myeloid cells chimerism (Mac-1<sup>+</sup> CD45.2<sup>+</sup>) **(e)**, blood B cells chimerism (B220<sup>+</sup> CD45.2<sup>+</sup>) **(f)**, blood T cells chimerism (CD4<sup>+</sup>/CD8<sup>+</sup> CD45.2<sup>+</sup>) **(g)**, 4 month bone marrow chimerism **(h)** and 4 month HSC chimerism **(i)** in CD45.1 recipient mice transplanted with whole bone marrow derived from either sham or denervated femurs in competition with equal numbers of young CD45.1 bone marrow cells (n= 4 sham, 4 denervated). Data represented as mean ± sem, *p* values determined by two-tailed paired *t*-test **(a-b)** and two-tailed unpaired *t*-test **(c-i)**.

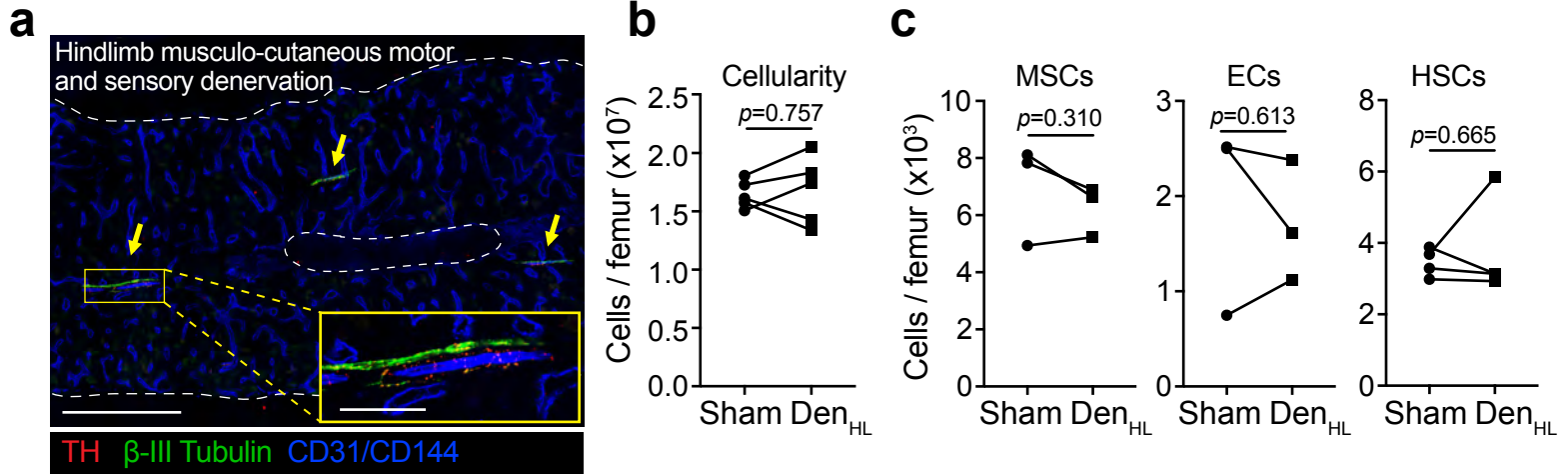
Supplementary Figure 8



**Supplementary Figure 8. HSC and niche characterization following bone marrow denervation.**

**(a)** Left, representative confocal z-stack projections of HSCs sorted from young or old mice and stained with Cdc42, Tubulin and DAPI. Scale bar, 10  $\mu\text{m}$ . Right, quantification of polarized HSCs (n calculated as mean of total 236 young and 331 old HSCs isolated from 3 mice per group). **(b, c)** Quantification of  $\gamma\text{H2AX}$  foci in HSCs from data presented in Fig. 4f, comparing young and old HSCs **(b)** and sham and denervated HSCs **(c)**. **(d)** Left, representative z-stack confocal projections of sham and denervated tibiae stained with  $\text{CD31}^+/\text{CD144}^+$  and  $\alpha\text{-SMA}$ . Scale bar, 100  $\mu\text{m}$ . Right, assessment of  $\alpha\text{-SMA}^+$  cells by quantification of  $\alpha\text{-SMA}^+$  area divided by total tibia area (n=5 sham, 7 denervated projections from 4 mice each). **(e)** BM cellularity in sham and denervated femurs of C57BL/6 young mice (n=6 mice). **(f)** Left, representative gating strategy for FACS quantification of total ECs ( $\text{CD45}^- \text{Ter119}^- \text{CD31}^{\text{bright}}$ ). Right, absolute numbers of total ECs in femurs of sham and denervated mice (n=6 mice). **(g)** Quantification of osteogenic (*Ogn*, *Sp7* and *Gpnmb*), adipogenic (*Pparg*) and housekeeping (*Actb*) genes, mRNA relative to *Gapdh* in sorted MSCs ( $\text{CD45}^- \text{Ter119}^- \text{CD31}^- \text{CD51}^+ \text{PDGFR}\alpha^+$ ) from sham (Sh) and denervated (D) femurs (n=6 mice). Data represented as mean  $\pm$  s.e.m, *p* value determined by two-tailed unpaired *t*-test **(a-d)** and two-tailed paired *t*-test **(e-g)**.

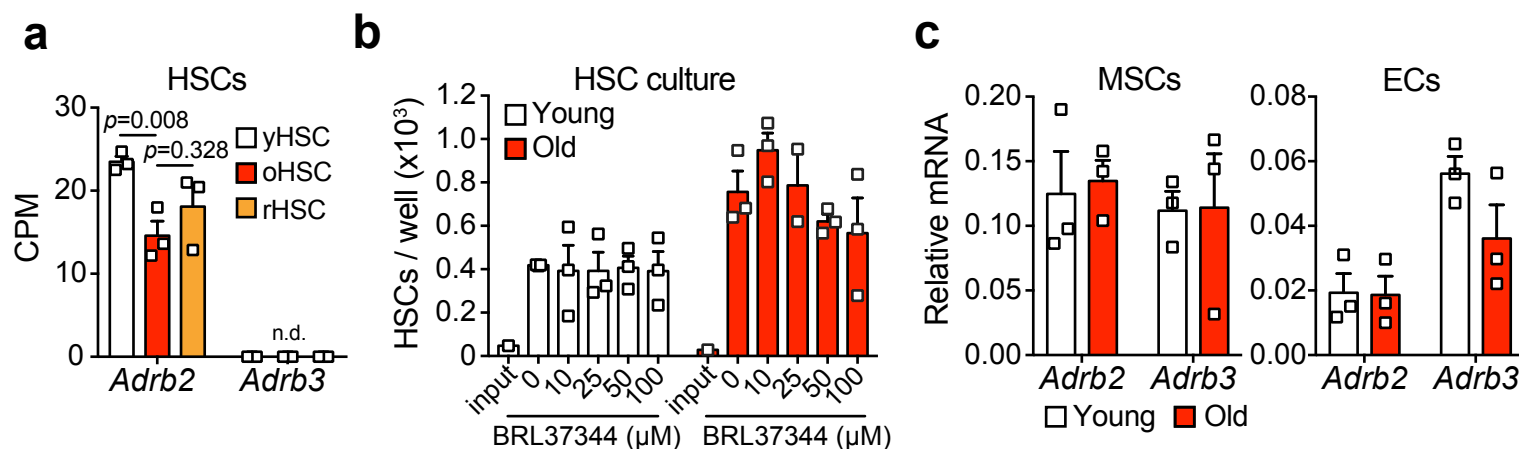
## Supplementary Figure 9



### Supplementary Figure 9. Hindlimb musculo-cutaneous motor and sensory denervation does not affect the bone marrow.

(a) Representative confocal z-stack projection montage of denervated femurs, following musculo-cutaneous motor and sensory denervation, stained for CD31<sup>+</sup>/CD144<sup>+</sup> double positive vasculature and TH and β-III Tubulin positive nerves. Scale bar, 500 μm. Arrows denote adrenergic nerves. (b, c) Bone marrow cellularity (n=5 mice) (b) and MSCs (CD45<sup>-</sup> Ter119<sup>-</sup> CD31<sup>-</sup> CD51<sup>+</sup> PDGFRα<sup>+</sup>), ECs (CD45<sup>-</sup> Ter119<sup>-</sup> CD31<sup>bright</sup>) and HSCs (lineage<sup>-</sup> Sca-1<sup>+</sup> c-Kit<sup>+</sup> CD48<sup>-</sup> CD150<sup>+</sup>) (n=3 mice) (c) 4 months after Hind limb denervation (Den<sub>HL</sub>) compares to sham control. Data represented as mean ± s.e.m, *p* value determined by two-tailed paired *t*-test.

## Supplementary Figure 10

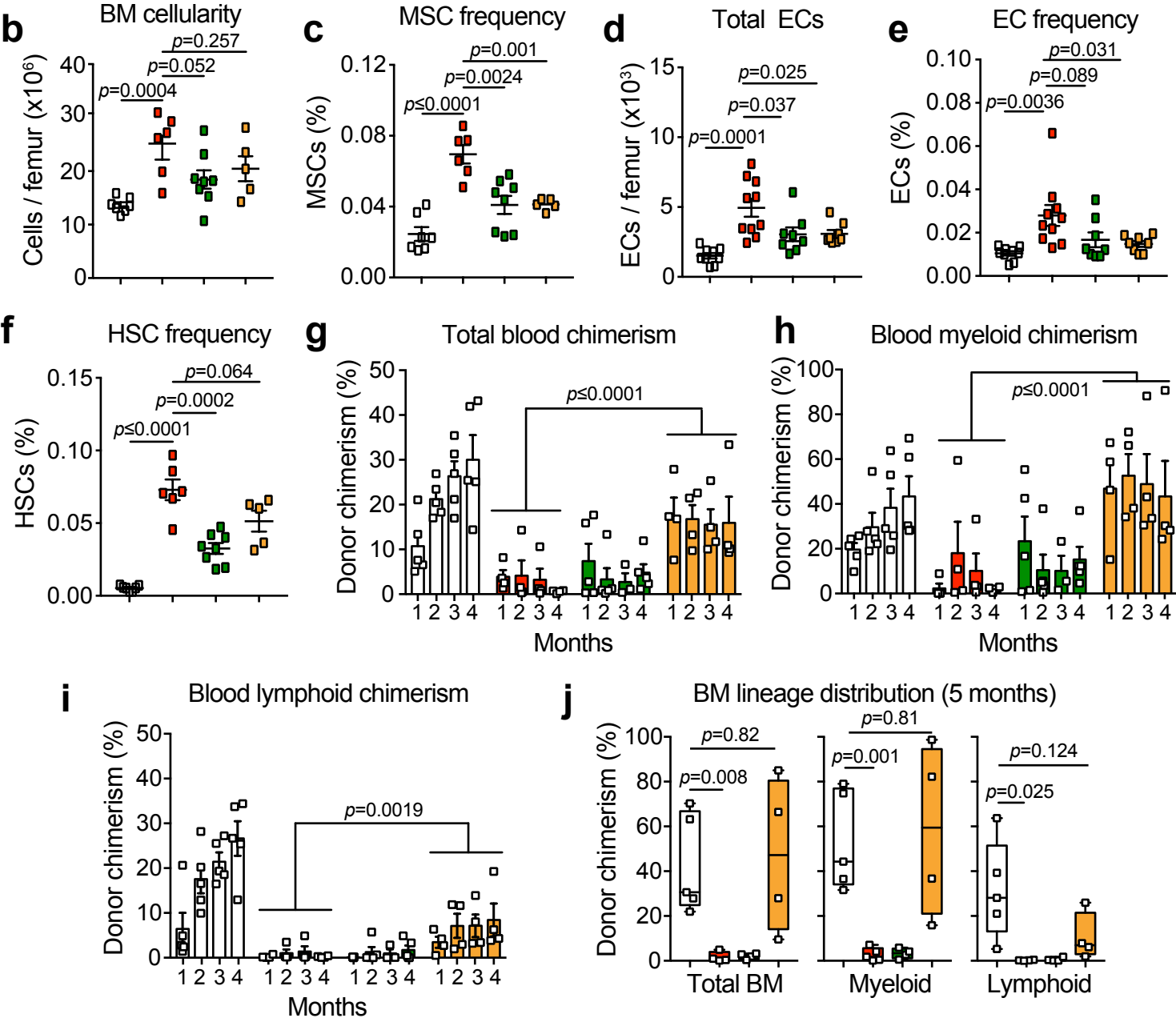
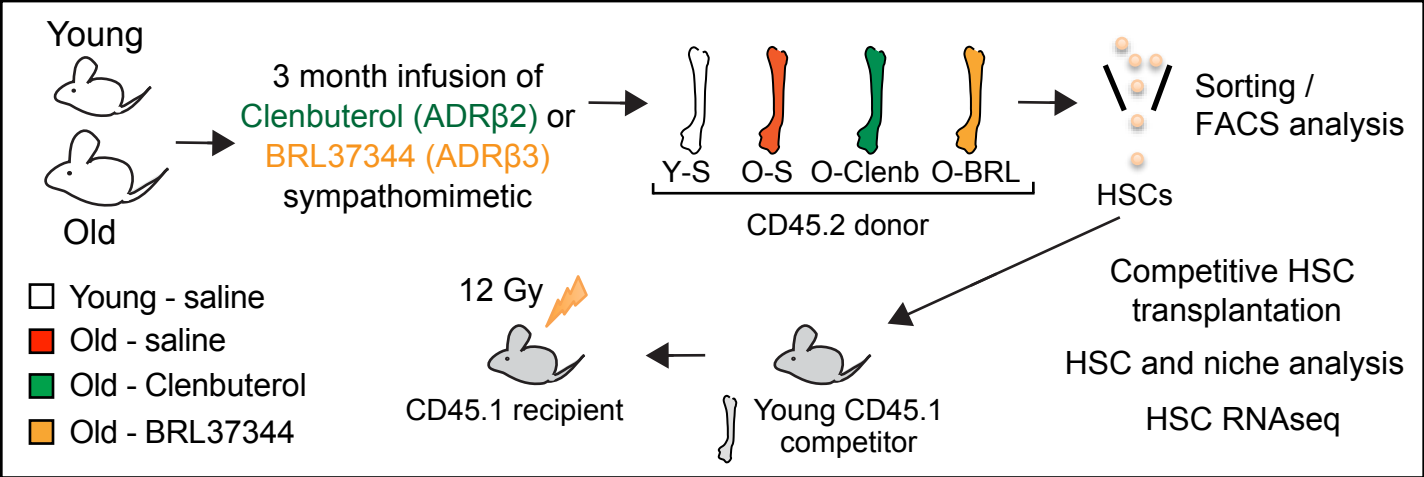


### Supplementary Figure 10. Expression of *Adrb2* and *Adrb3* in HSCs, MSCs and ECs.

**(a)** *Adrb2* and *Adrb3* transcript levels (CPM) in young HSCs (yHSCs), old HSCs (oHSCs) and BRL37344 rejuvenated HSCs (rHSCs) following RNA-seq analysis (n=3 mice per group). **(b)** *In vitro* culture of lineage<sup>-</sup> bone marrow in the presence of indicated concentration of BRL37344. HSCs numbers were quantified with FACS analysis after 5 day culture (n= 3 young, 3 old). **(c)** Quantification of mRNA levels of *Adrb2* and *Adrb3* relative to *Gapdh* in sorted MSCs (n=3 mice per group). Data represented as mean  $\pm$  s.e.m. *p* value determined by two-tailed *t*-test. n.d. (not detected)

# Supplementary Figure 11

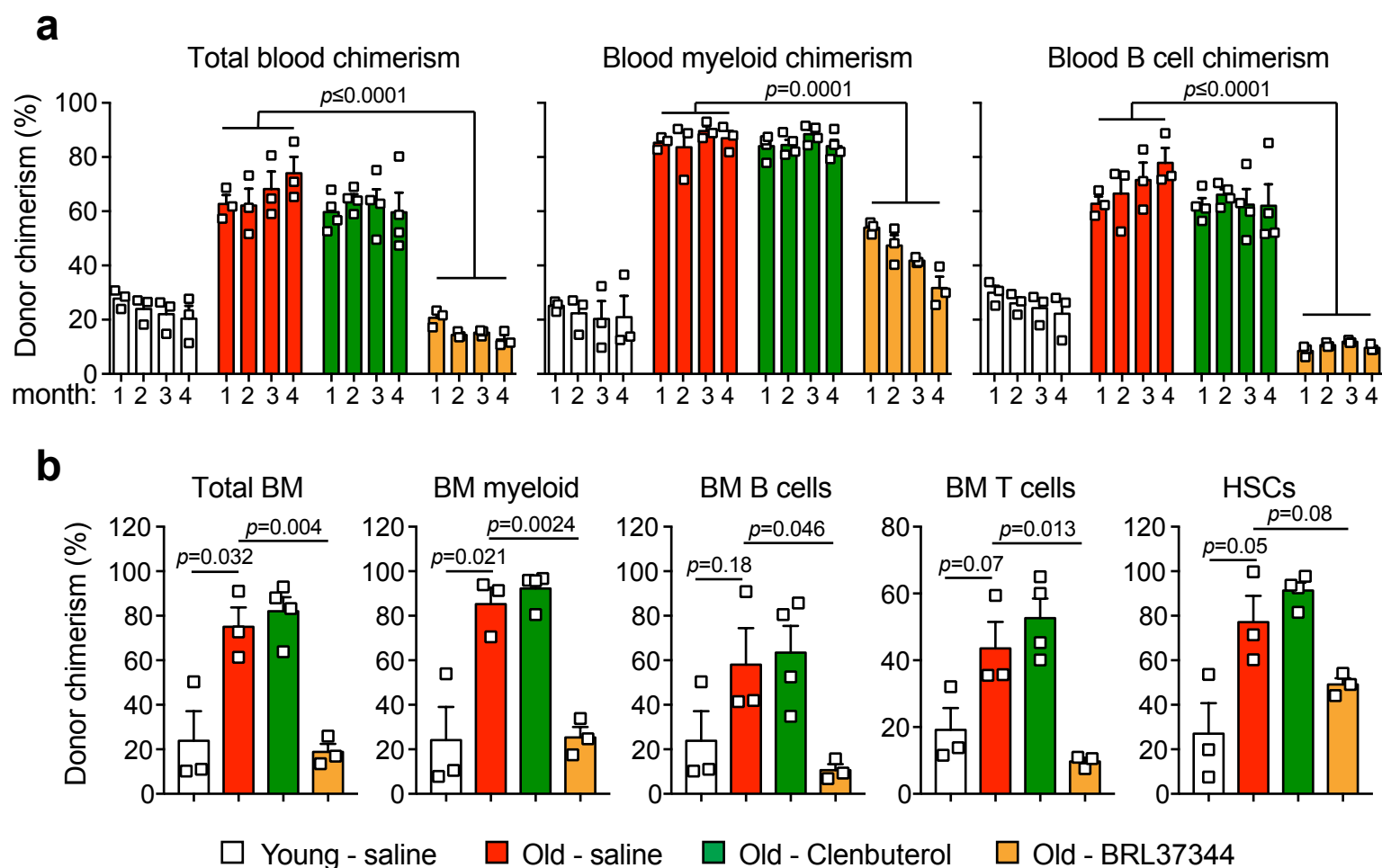
## a HSC rejuvenation strategy



**Supplementary Figure 11. Additional rejuvenation data following treatment with  $\beta$ -adrenergic agonists.**

**(a)** Schematic illustration of experimental design for HSC rejuvenation with  $\beta$ -adrenergic-selective sympathomimetic. **(b, c, d, e, f)** Bone marrow cellularity (n=7 young-saline, 6 old-saline, 8 old-clenbuterol, 5 old-BRL37344) **(b)**, frequency of MSCs (CD45<sup>-</sup> Te119<sup>-</sup> CD31<sup>-</sup> CD51<sup>+</sup> PDGFR $\alpha$ <sup>+</sup>) (n=7 young-saline, 6 old-saline, 8 old-clenbuterol, 5 old-BRL37344) **(c)**, absolute numbers of total ECs (CD45<sup>-</sup> Te119<sup>-</sup> CD31<sup>bright</sup>) (n=9 young-saline, 10 old-saline, 8 old-clenbuterol, 8 old-BRL37344) **(d)**, frequency of total ECs (n=9 young-saline, 10 old-saline, 8 old-clenbuterol, 8 old-BRL37344) **(e)** and frequency of HSCs (lin<sup>-</sup> CD48<sup>-</sup> Sca-1<sup>+</sup> c-Kit<sup>+</sup> CD150<sup>+</sup>) (n=7 young-saline, 6 o-saline, 8 old-clenbuterol, 5 old-BRL37344) **(f)** in young and old mice implanted with Alzet pumps with either saline, clenbuterol or BRL37344. **(g, h, i, j)** Total blood chimerism (CD45.2<sup>+</sup>) **(g)**, blood myeloid cell chimerism (Mac-1<sup>+</sup> CD45.2<sup>+</sup>) **(h)**, blood lymphoid cell chimerism (B220<sup>+</sup> CD4<sup>+</sup> CD8<sup>+</sup> CD45.2<sup>+</sup>) **(i)** and bone marrow lineage distribution **(j)** 5 months after HSC transplantation (n=5 young-saline, 4 old-saline, 4 old-clenbuterol, 4 old-BRL37344). Data represented as mean  $\pm$  s.e.m, *p* value determined by two-tailed unpaired *t*-test. For box plots, the box spans from the 25th to 75th percentiles and the centerline is plotted at the median. Whiskers represent minimum to maximum range

# Supplementary Figure 12

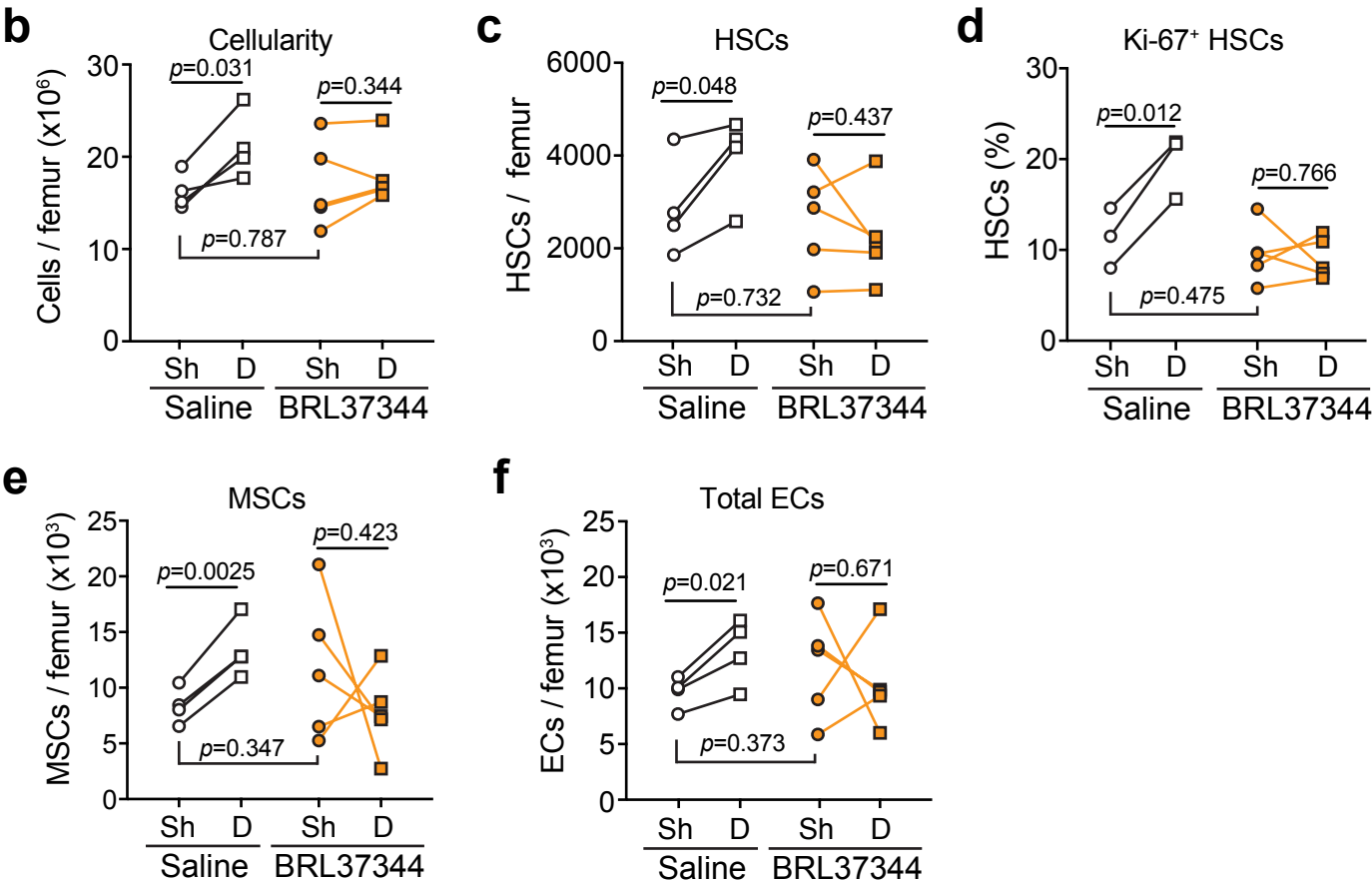
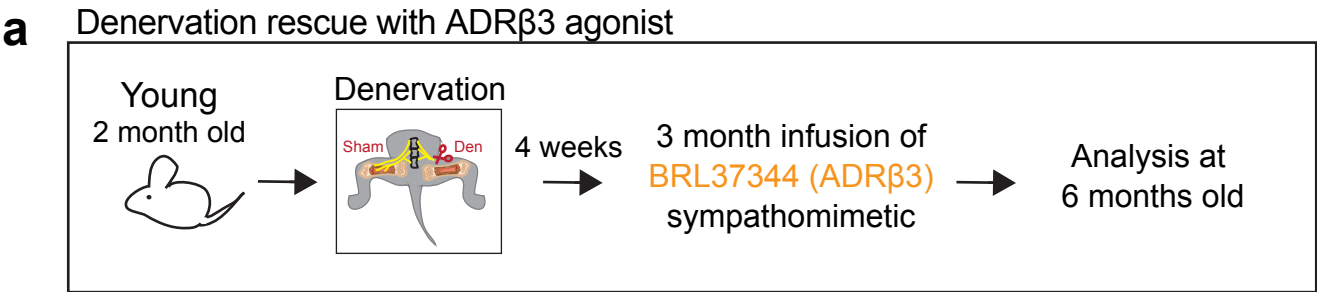


**Supplementary Figure 12. Competitive bone marrow transplantation following rejuvenation with  $\beta$ -adrenergic agonists.**

**(a, b)** Total blood chimerism ( $CD45.2^+$ ), blood myeloid cell chimerism ( $Mac-1^+ CD45.2^+$ ) and blood B cell chimerism ( $B220^+ CD45.2^+$ ) **(a)**, 4 month total bone marrow chimerism, 4 month bone marrow myeloid cell chimerism, 4 month bone marrow B cell chimerism, 4 month bone marrow T cell chimerism ( $CD4/CD8^+ CD45.2^+$ ) and 4 month HSC chimerism ( $lin^- CD48^- Sca-1^+ c-Kit^+ CD150^+ CD45.2^+$ ) **(b)** in  $CD45.1$  recipient mice transplanted with bone marrow derived from  $\beta$ -adrenergic agonists treated mice in competition with equal numbers of young  $CD45.1$  bone marrow competitor cells. ( $n = 3$  young-saline, 3 old-saline, 4 old-clenbuterol and 3 old-BRL37344). Data represented as mean  $\pm$  sem,  $p$  value determined by two-tailed  $t$ -test.



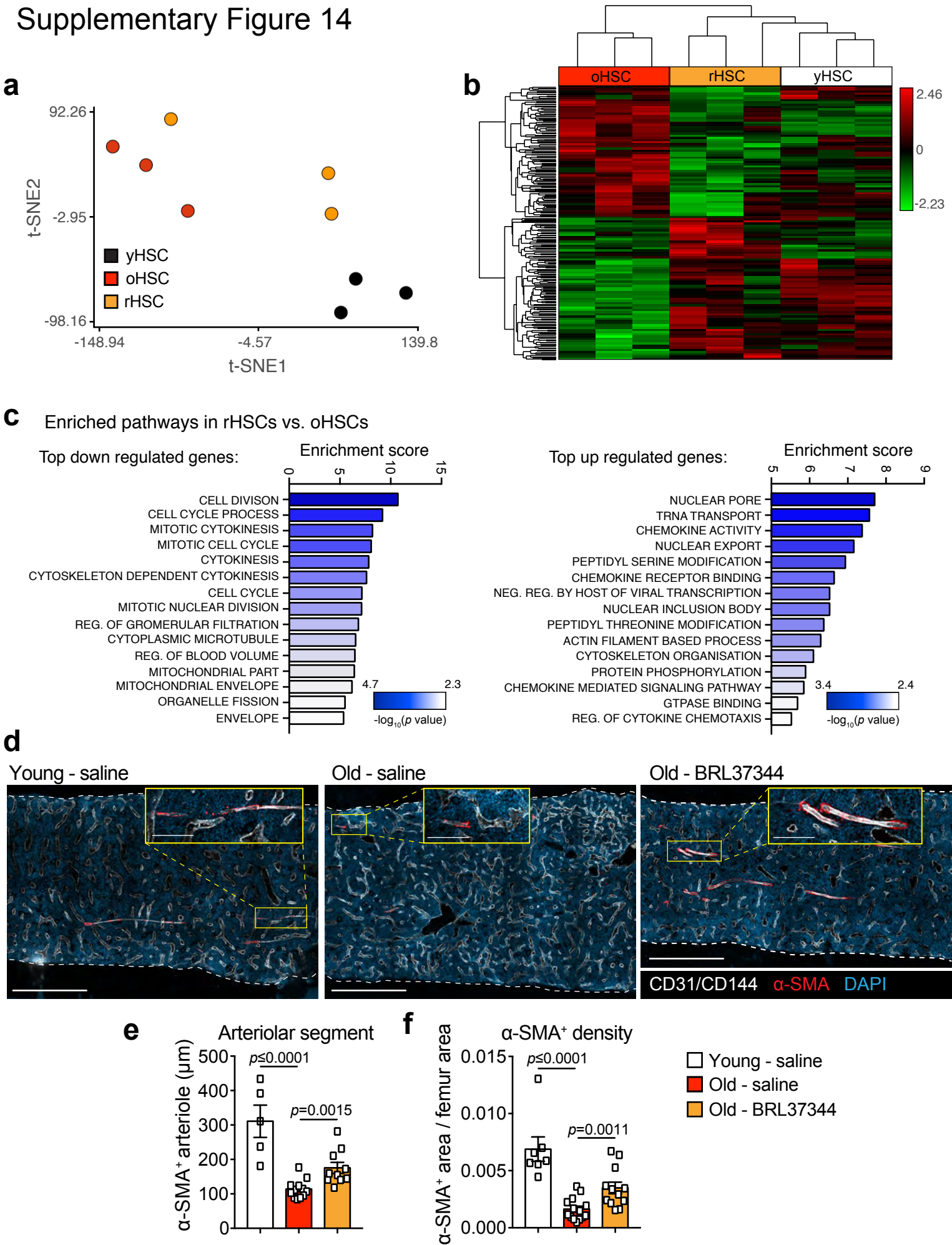
# Supplementary Figure 13



**Supplementary Figure 13.  $\beta$ 3-adrenergic agonist BRL37344 rescues the premature aging upon surgical denervation.**

**(a)** Schematic illustration of experimental design for rescue of premature aging in denervated mice upon administration of ADR $\beta$ 3 agonist BRL37344. **(b, c, d, e, f)** Bone marrow cellularity **(b)**, absolute numbers of HSCs (lin<sup>-</sup> CD48<sup>-</sup> Sca-1<sup>+</sup> c-Kit<sup>+</sup> CD150<sup>+</sup>)**(c)**, percentage of Ki-67<sup>+</sup> proliferating HSCs **(d)**, absolute numbers of MSCs (CD45<sup>-</sup> Te119<sup>-</sup> CD31<sup>-</sup> CD51<sup>+</sup> PDGFR $\alpha$ <sup>+</sup>) **(e)** and absolute numbers of total ECs (CD45<sup>-</sup> Te119<sup>-</sup> CD31<sup>bright</sup>) **(f)** in denervated mice implanted with osmotic pumps containing either BRL37344 or saline as control (n=4 saline, 5 BRL37344 mice). Data represented as mean  $\pm$  s.e.m, *p* value determined by two-tailed paired *t*-test, comparing Sham (Sh) and Denervated (D) within the same mouse, and two-tailed unpaired *t*-test, comparing sham groups between different mice.

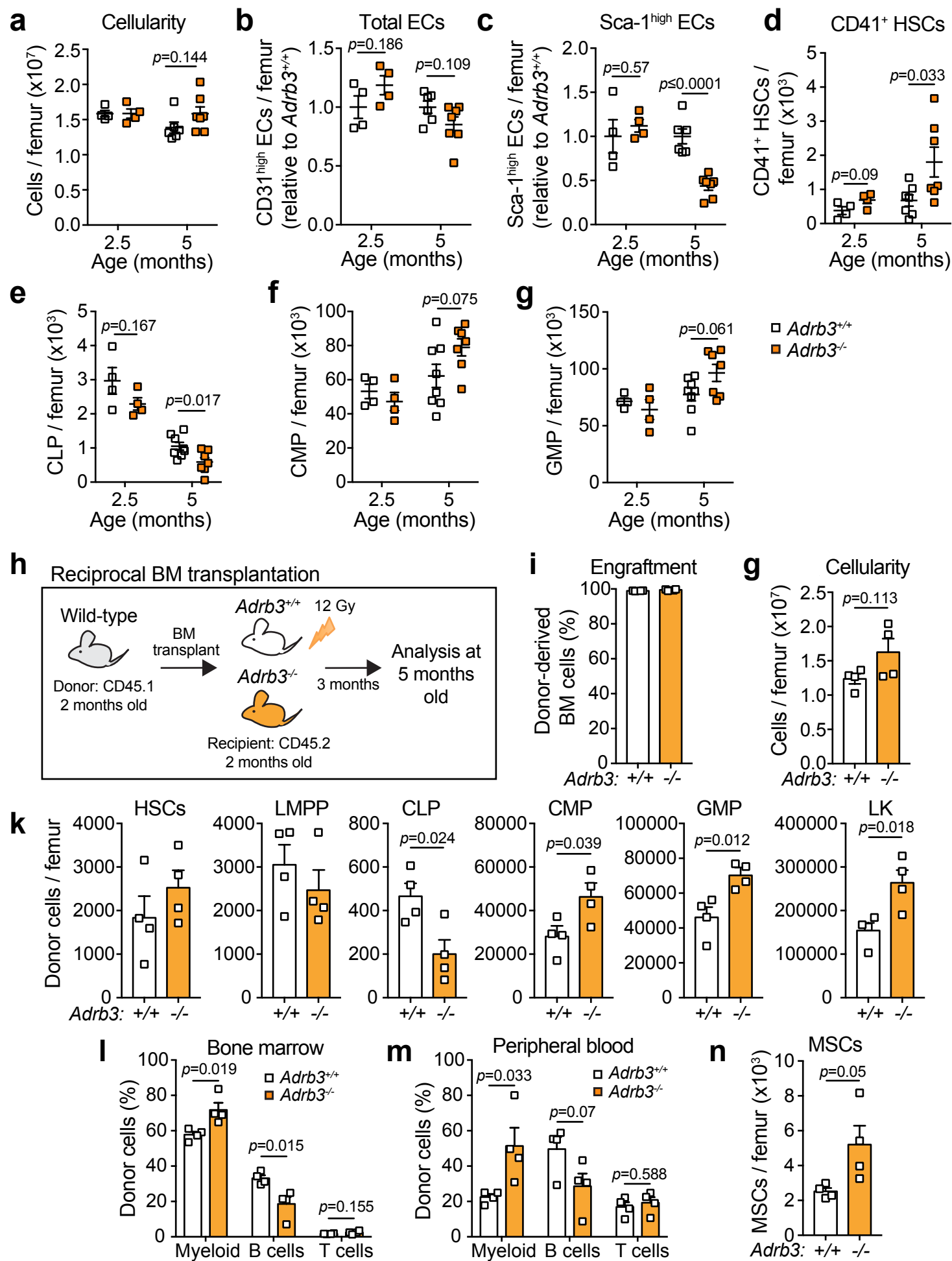
Supplementary Figure 14



**Supplementary Figure 14. Rejuvenation of HSCs and niche following  $\beta$ 3-adrenergic agonist BRL37344 treatment of old mice.**

**(a)** t-SNE plot depicting distribution of young HSCs (yHSCs), old HSCs (oHSCs) and BRL37344-rejuvenated HSCs (rHSCs) following RNA-seq analysis. **(b)** Unsupervised hierarchical clustering of top variable genes, comparing oHSCs and rHSCs. **(c)** Enriched pathways of top up regulated and down regulated genes in rHSCs compared to oHSCs (n=3 samples per group). The enrichment score was calculated as the negative natural logarithm of the enriched *p* value derived from Fisher's exact test. **(d)** Representative confocal z-stack projection montages of femurs from young (2 months) and old (15-20 months) C57BL/6 mice treated with either saline or BRL37344 for 12 weeks and stained for CD31<sup>+</sup>/CD144<sup>+</sup> double positive vasculature,  $\alpha$ -SMA<sup>+</sup> cells and DAPI. Scale bars, 500  $\mu$ m for montage, and 100  $\mu$ m for zoomed projection. Three independent experiments yielded similar results. **(e)** Assessment of arteriolar segment length by measuring the length of  $\alpha$ -SMA signal covering CD31<sup>+</sup>/CD144<sup>+</sup> arterioles in femurs of mice described in **(d)** (n=5 young-saline, 12 old-saline, 10 old-BRL37344 projections; 3 mice per group). **(f)** Assessment of  $\alpha$ -SMA<sup>+</sup> cell density by quantification of  $\alpha$ -SMA<sup>+</sup> area divided by total femur area (n=6 young-saline, 13 old-saline, 12 old-BRL37344 projections; 3 mice per group). Data represented as mean  $\pm$  s.e.m. *p* value determined by two-tailed *t*-test.

# Supplementary Figure 15



**Supplementary Figure 15. Niche-derived ADR $\beta$ 3 signals regulate HSC aging.**

**(a, b, c, d, e, f, g)** Bone marrow cellularity **(a)**, absolute numbers of total ECs (CD45<sup>-</sup> Te119<sup>-</sup> CD31<sup>bright</sup>) **(b)**, absolute numbers of arteriolar ECs (CD45<sup>-</sup> Te119<sup>-</sup> CD31<sup>bright</sup> Sca-1<sup>bright</sup>) (2.5 months: n=4 *Adrb3*<sup>+/+</sup>, 4 *Adrb3*<sup>-/-</sup> and 5 months: n=6 *Adrb3*<sup>+/+</sup>, 7 *Adrb3*<sup>-/-</sup>) **(c)**, absolute numbers of CD41<sup>+</sup> HSCs (lin<sup>-</sup> CD48<sup>-</sup> Sca-1<sup>+</sup> c-Kit<sup>+</sup> CD150<sup>+</sup> CD41<sup>+</sup>) (2.5 months: n=4 *Adrb3*<sup>+/+</sup>, 4 *Adrb3*<sup>-/-</sup> and 5 months: n=7 *Adrb3*<sup>+/+</sup>, 7 *Adrb3*<sup>-/-</sup>) **(d)**, absolute numbers of CLPs (lin<sup>-</sup> Sca-1<sup>low</sup> c-Kit<sup>low</sup> IL7R $\alpha$ <sup>+</sup> Flt3<sup>+</sup>) **(e)**, absolute number of CMPs (lin<sup>-</sup> Sca-1<sup>-</sup> c-Kit<sup>+</sup> Fc $\gamma$ R<sup>low</sup> CD34<sup>+</sup>) **(f)** and absolute number of GMPs (lin<sup>-</sup> Sca-1<sup>-</sup> c-Kit<sup>+</sup> Fc $\gamma$ R<sup>+</sup> CD34<sup>+</sup>) **(g)** (2.5 months: n=4 *Adrb3*<sup>+/+</sup>, 4 *Adrb3*<sup>-/-</sup> and 5 months: n=8 *Adrb3*<sup>+/+</sup>, 7 *Adrb3*<sup>-/-</sup>) in femurs of 2.5 and 5 months old *Adrb3*<sup>+/+</sup> and *Adrb3*<sup>-/-</sup> mice. **(h)** Schematic illustration of experimental design for reciprocal bone marrow transplantation of wild-type bone marrow into *Adrb3*<sup>+/+</sup> and *Adrb3*<sup>-/-</sup> mice. **(i)** Donor-derived CD45.1 cells 3 months after reciprocal transplantation. **(g)** Bone marrow cellularity of mice described in **(h)**. **(k)** Absolute numbers of donor HSCs, LMPPs (lineage<sup>-</sup> Sca-1<sup>+</sup> c-Kit<sup>+</sup> CD34<sup>+</sup> Flt3<sup>+</sup>), CLPs, CMPs, GMPs and LK progenitors (lineage<sup>-</sup> Sca-1<sup>-</sup> c-Kit<sup>+</sup>) in femurs of mice described in **(h)**. **(l, m)** Bone marrow **(l)** and blood **(m)** donor myeloid cells (Mac-1<sup>+</sup>), B cells (B220<sup>+</sup>) and T cells (CD4<sup>+</sup> CD8<sup>+</sup>) in mice described in **(h)**. **(n)** Absolute numbers of recipient MSCs (CD45<sup>-</sup> Te119<sup>-</sup> CD31<sup>-</sup> CD51<sup>+</sup> PDGFR $\alpha$ <sup>+</sup>) in mice described in **(h)**. Data represented as mean  $\pm$  sem, *p* value determined by two-tailed *t*-test. (n=4 mice per group for **i-n**)

**Supplementary Table 1. Blood counts in  $\beta$ -adrenergic agonist-treated mice.**

	WBC $\times 10^3/\mu\text{l}$	RBC $\times 10^6/\mu\text{l}$	HGB g/dL	HCT %	MCV fL	PLT $\times 10^3/\mu\text{l}$
<b>Young Saline</b>	6.5 $\pm$ 0.7	10.1 $\pm$ 0.2	13.3 $\pm$ 0.3	48 $\pm$ 1	474 $\pm$ 5	1,555 $\pm$ 33
<b>Old Saline</b>	6.7 $\pm$ 0.7	9.7 $\pm$ 0.3	12.3 $\pm$ 0.3	45 $\pm$ 1	397 $\pm$ 8	2,425 $\pm$ 283
<b>Old BRL37344</b>	6.5 $\pm$ 0.9	9.6 $\pm$ 0.3	12.6 $\pm$ 0.5	45 $\pm$ 1	472 $\pm$ 8	2,176 $\pm$ 103
<b>Old Clenbuterol</b>	6.3 $\pm$ 0.8	8.9 $\pm$ 0.8	11.3 $\pm$ 0.8	42 $\pm$ 3	486 $\pm$ 3	1,791 $\pm$ 188
<b>P value*</b>	0.84	0.2	0.03	0.08	0.35	0.022
<b>P value**</b>	0.9	0.85	0.54	0.96	0.24	0.36
<b>P value***</b>	0.78	0.45	0.41	0.33	0.233	0.087

Peripheral blood counts (CBC) of saline (n=4 young mice, n=4 old mice), Clenbuterol (n=6) and BRL37344 (n=6) treated mice. Blood was collected 12 weeks following pump implantation. WBC: white blood cells; RBC: red blood cells; HGB: hemoglobin; HCT: haematocrit; MCV: mean cell volume; PLT: platelets. Data represented as mean  $\pm$  s.e.m. \* Student *t*-test comparing young mice treated with saline and old mice treated with saline. \*\* Student *t*-test comparing old mice treated with saline and old mice treated with BRL37344. \*\*\* Student *t*-test comparing old mice treated with saline and old mice treated with Clenbuterol.